

Evaluation / Prescription for Hyperbaric Oxygen (HBO)

First portion to be completed by Hyperbaric Recipient:

Date _____ Referred by _____ Guardian _____

Name _____ DOB _____

Address _____ City _____ State _____ Zip _____

Ph _____ Cell _____ Email _____

(Y – N) **Absolute Contraindication* to HBO**

_____ Pneumothorax (collection of air between lung and chest wall causing reduced lung capacity and difficulty breathing). Surgical relief removes this as an obstacle to treatment.

_____ Retina surgery that includes injecting a bubble of gas into the eye. The recipient of said procedure can see a Bubble when looking downward. The bubble disappears within two weeks. When bubble is no longer visible, it is safe to resume hyperbaric oxygen treatments.

Possibly Contraindicated - relative to urgency or severity:

_____ Pregnancy (Suggest emergency use only of HBO during first trimester).

_____ Lung biopsy or procedure requiring access into lung by penetrating thoracic wall, front or back.

If so, explain: _____

_____ Congestive heart failure (CHF). A minimum Aorta Ejection Fraction (EF) of 25% is required to receive HBO treatments. Indicators of CHF can be swollen extremities and difficulty breathing when lying down. Ultrasound testing of EF is available only through hospitals.

_____ Emphysema with CO₂ retention (COPD) Please alert technician if breathing becomes labored during HBOT treatment.

_____ History of thoracic or ear surgery.

_____ Upper respiratory infections, mid-ear or chronic sinusitis.

_____ Uncontrolled high fever.

_____ Implant devices: will need to obtain manufacturer approval for use in a chamber.

_____ Asymptomatic pulmonary lesions seen on chest x-ray.

_____ Congenital spherocytosis: genetic disorder of the Red Blood Cell membrane

_____ Were you born with an opening in the septum between the two atria of the heart that is normally present only in the fetus. (Patent Foramen Ovule)

Are you receiving any of the following Chemo-related drugs?

_____ Doxorubicin – postpone HBO for one week after its use.

_____ Cis-platinum – slows wound healing when used during HBO.

_____ Disulfiram - blocks superoxide dismutase production.

_____ Mafenide acetate (sulfamylon) - promotes CO₂ buildup with vasoconstricting mechanism of HBO.

_____ Bleomycin - pretreatment pulmonary function testing with carbon monoxide diffusion capacity.

(Y – N) **Common conditions to give special attention to while using HBO:**

_____ Diabetes? _____ Type 1 _____ Type 2 _____ on Blood Sugar moderating meds? _____

_____ Blood pressure medications being used? Monitor BP with HBO. Will likely need to reduce meds.

_____ Hypoglycemic (low blood sugar) HBO triggers increased blood sugar consumption. Eat before or take a snack in the chamber during HBO treatments. Be careful not to eat just sweets.

_____ Seizure activity? Explain _____

_____ Using anti-seizure medication? If no longer, when did you stop? _____

_____ Cataracts; have been known to mature after as few as 48 HBO treatments at 2.5 ata. (Typically Increasing risk after 150 treatments)

Treatment Objectives:

Primary _____

Secondary _____

Note _____

HBO recipient or guardian signature below indicates awareness of the possible risks or special considerations for use of Hyperbaric Oxygen based on recipient's current health conditions.

Client or Guardian Signature _____ **Date** _____

Doctor's office to complete the following:

Note: Physician may forgo use of this Evaluation / Prescription form by simply writing out a prescription for their patient to receive HBO. This form is provided for awareness of contraindications or when special attention may be needed based on current health conditions.

_____ Ears _____

_____ Sinus _____ Acute _____ Chronic Notes _____

_____ Lung conditions – history _____

_____ Pregnancy – EPT required? _____

_____ Additional testing recommended before beginning _____

BP:
O ₂ SAT:
HR:
Temp:
HT:
WT:
LMP:

Physician Signature: _____ **Date** _____ **NPI #** _____

Physician's name printed: _____

*Contraindication: Condition under which HBOT should not be used